

Grams to Teaspoons (Salt)

For standard table salt:

1 teaspoon table salt \approx 5.69 grams

Conversion: $1 \div 5.69 \approx 0.175757$

For slightly higher density salt:

1 teaspoon salt \approx 6 g (sometimes used for finer or packed salt).

Conversion: $1 \div 6 \approx 0.1667 \rightarrow$ truncated to 0.167

Grams	Teaspoons
1 g	0.175 tsp
2 g	0.351 tsp
3 g	0.527 tsp
4 g	0.703 tsp
5 g	0.878 tsp
6 g	1.054 tsp
7 g	1.230 tsp
8 g	1.406 tsp
9 g	1.581 tsp
10 g	1.757 tsp
15 g	2.636 tsp
20 g	3.515 tsp
25 g	4.393 tsp
30 g	5.272 tsp
35 g	6.151 tsp
40 g	7.030 tsp
45 g	7.909 tsp
50 g	8.78 tsp
60 g	10.545 tsp
70 g	12.303 tsp
80 g	14.060 tsp
90 g	15.818 tsp
100 g	17.575 tsp
200 g	35.151 tsp
300 g	52.727 tsp
400 g	70.302 tsp
500 g	87.878 tsp
1000 g	175.757 tsp