

Grams to Teaspoons (Sugar)

Standard: 1 teaspoon sugar \approx 4.2 grams

Therefore: 1 gram \approx $1 \div 4.2 \approx 0.238 \approx 0.24$ tsp

Grams	Teaspoons
1 g	0.238 tsp
2 g	0.47 tsp
3 g	0.71 tsp
4 g	0.95 \approx 1 tsp
5 g	1.19 tsp
6 g	1.42 tsp
7 g	1.66 tsp
8 g	1.90 tsp
9 g	2.14 tsp
10 g	2.38 tsp
15 g	3.57 tsp
20 g	4.76 tsp
25 g	5.95 tsp
30 g	7.14 tsp
35 g	8.33 tsp
40 g	9.52 tsp
45 g	10.71 tsp
50 g	11.90 \approx 12 tsp
60 g	14.28 tsp
70 g	16.66 tsp
80 g	19.04 tsp
90 g	21.42 tsp
100 g	23.80 \approx 24 tsp
200 g	47.61 tsp
300 g	71.42 tsp
400 g	95.23 tsp
500 g	119.04 tsp
1000 g	238.09 tsp